**Outline for my essay/project:**

**Intro:** My experience with welfare and domestic violence. Next door neighbor vs. friends with degrees Bitterness Acceptance that life is hard and unfair at times

**BP #1: Presentation of Existentialism and the Existential Hero** What is it? The history Soren Kierkegaard, Friedrich Nietzsche, Jean-Paul Sartre My Personal History with my counselor

**BP #2: Examples of Existential Hero/Tragic Hero** Existential Hero: Sonia Malala Tragic Existential Hero: Marmeladov My Neighbor Maybe me, had I received welfare

**BP #3: Welfare** History Abuse/Stats Encourages dependency, despondency, depression, non living Generational abuse Inhumane – sets people up as existential failures We’re having the wrong Utilitarian conversation**BP #4: Solution** Welfare reform that encourages an existential life and a recognition that:

Life is hard, absurd, and at times tragic

We create our own realityHelps people to create meaning of their own existence through independence and living a life

**Conclusion:** Ultimate lesson: look at self because the rest is absurd and out of our control/set of values. Accept that reality is our own creation. Create public policy based on creation of existential heroes.